



First Corinthians 10 31says So whether you eat or drink or whatever you do, do it all for the glory of God.

Philippians 1 20 says I eagerly expect and hope that I will in no way be ashamed, but will have sufficient courage

so that now as always Christ will be exalted in my body, whether by life or by death.

Yes ! God's temple is sacred, and we together are that temple.

Let us offer our bodies as a living sacrifice, holy and pleasing to God, this is our true and proper worship.

Our bodies are temples of the Holy Spirit, who is in us, whom we have received from God? we are not our own.
